NewAngle.com

LipoMotion Pro

Professional Handpiece Training Guide

5-in-1 Intelligent Body Contouring System

Model NVR01



For Trained Professionat Use Only



LipoMotion Pro NVRO1

SYSTEM& HANDPIECEOVERVIEW

LipoMotion Pro combines five professional handpieces
for body contouring, cellulite care, skin firming,
facial treatment and deep thermal therapy.

FIVE PROFESSIONAL HANDPIECES

01 Cavitation RF Handle

Large-Area Fat &
Contour Care



02 Large Vacuum RF Roller Handle

Cellulite &
Body Contouring



03 Small Vacuum RF Roller Handle

Precision
Body Sculpting



04 Facial RF Handle

Face & Neck
Firming



05 448kHz RET Handle + Negative Plate

Deep Thermal
Treatment



QUICK SELECTION GUIDE

TREATMENTS GOAL	RECOMMENDED HANDPIECE
Large-area fat management	01 Cavitation RF
Cellulite and body shaping	02 Large Vacuum RF Roller
Arms, calves and small areas	03 Small Vacuum RF Roller
Face and neck firming	04 Facial RF
Deep tissue warming	05 448kHz RET

REMEMBER
Follow safety
best practices.

Use controlled pressure
and steady pace.

Follow lymphatic flow
whenever possible.

Treat each area
comprehensively.

Observe client response
and adjust accordingly.

LipoMotion Pro NVRO1

GENERAL OPERATION TECHNIQUES

1 Circular Movement

Continuous circular motion for even energy distribution and large-area coverage.

Best for:

- Abdomen
- Thighs
- Buttocks



2 Spiral Movement

Move gradually from center outward or outer inward.

Best for:

- Abdomen
- Waist
- Buttocks

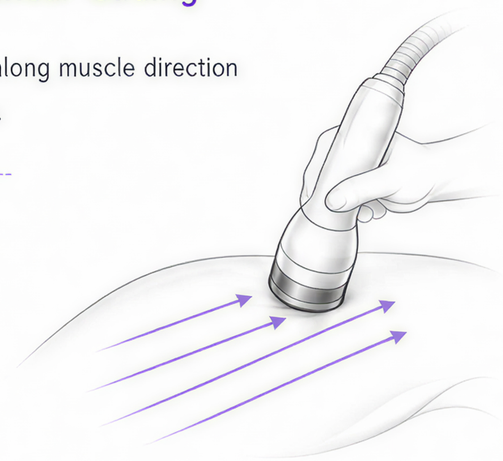


3 Long Linear Gliding

Move continuously along muscle direction or proximal drainage.

Best for:

- Thighs
- Arms
- Calves
- Waist
- Back

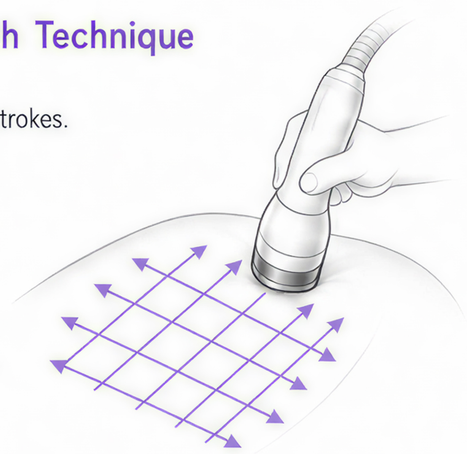


4 Crosshatch Technique

Vertical then horizontal strokes.

Best for:

- Cellulite-prone areas

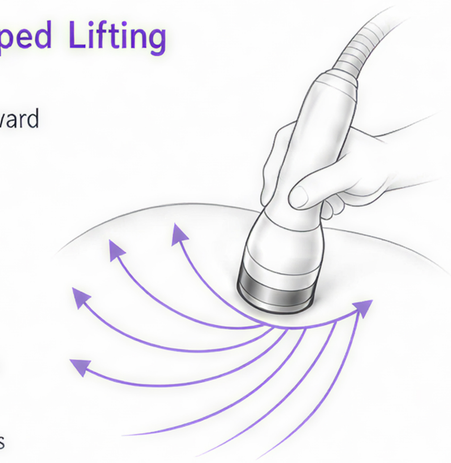


5 Fan-Shaped Lifting

From lower/outer toward lifting direction.

Best for:

- Buttocks
- Upper arms
- Waist
- Outer thighs

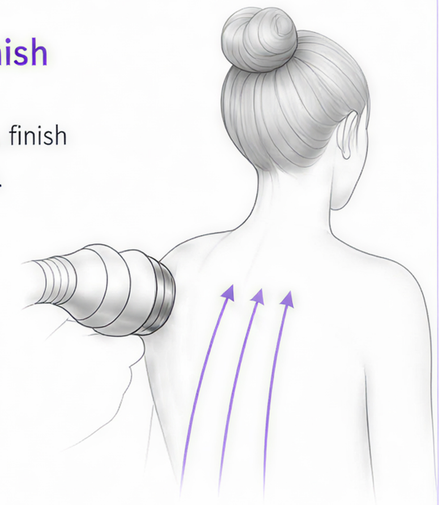


6 Drainage Finish

Reduce energy and vacuum, finish with gentle proximal strokes.

Best for:

- All areas
- Final step to support lymphatic drainage



REMEMBER

- Use controlled pressure and steady pace.
- Follow lymphatic flow whenever possible.
- Avoid overstimulation; watch client response.
- Clean handpiece and maintain equipment.

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CAVITATION RF HANDLE

MAIN FUNCTION

Combines ultrasonic cavitation and RF warming for large-area body contouring and localized fat management.

KEY BENEFITS

- Reduces the appearance of localized fat
- Improves skin tightness
- Enhances circulation and lymph flow
- Supports smoother, more contoured body shape

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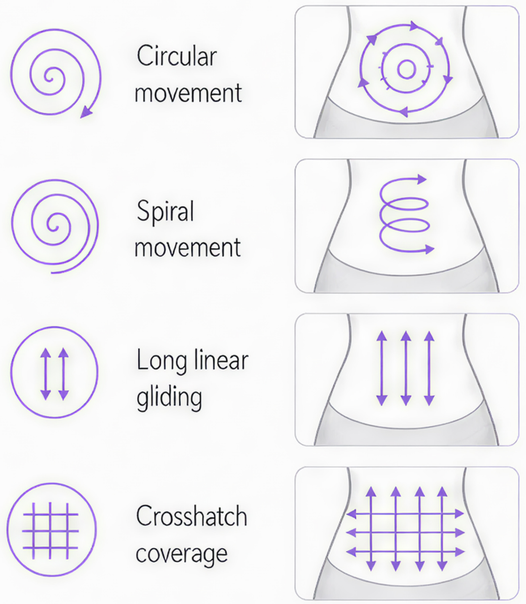
RECOMMENDED AREAS



- **Abdomen** — Abdomen
- **Waist and flanks** — Waist and flanks
- **Thighs** — Thighs
- **Buttocks** — Buttocks
- **Upper arms** — Upper arms (with sufficient soft tissue)

RECOMMENDED TECHNIQUES



- Circular movement
- Spiral movement
- Long linear gliding
- Crosshatch coverage

SUGGESTED TREATMENT TIME

AREA	TIME
Abdomen	10–15 min
Waist or flank	8–12 min per side
Thigh	8–12 min per side
Buttock	8–12 min per side
Upper arm	5–8 min per side

IMPORTANT NOTES

- *Keep the handpiece moving continuously.*
- *Do not hold the handpiece stationary.*
- *Avoid the navel, ribs, hip bones and joints.*
- *Do not treat inflamed, injured or painful areas.*

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LARGE VACUUM RF ROLLER HANDLE



- Vacuum Suction
- RF Heating
- Roller Massage
- 850nm NIR Near Infrared

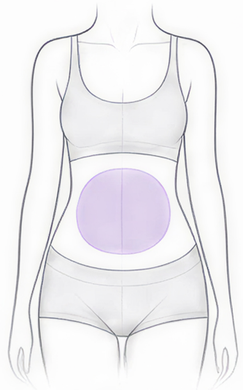
MAIN FUNCTION

Combines vacuum suction, RF energy, mechanical rolling and 850nm NIR light for cellulite care and body contouring.

KEY BENEFITS

- Enhances lymphatic drainage
- Boosts skin elasticity
- Improves circulation
- Reduces cellulite
- Contours and shapes body

RECOMMENDED AREAS



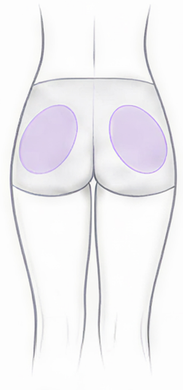
Abdomen



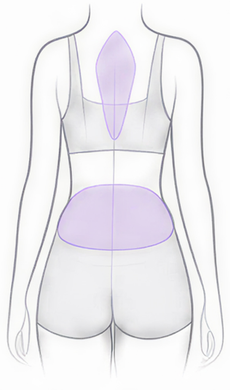
Waist and flanks



Thighs



Buttocks

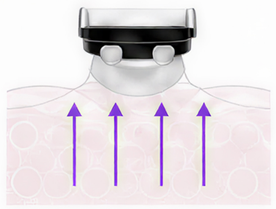


Back soft-tissue areas

RECOMMENDED TECHNIQUES

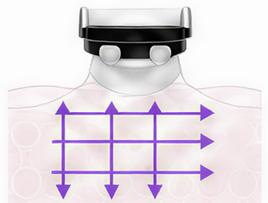
LONG LINEAR GLIDING

Use long, even strokes in one direction.



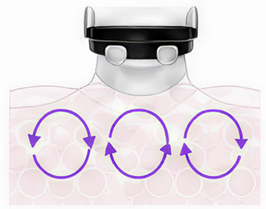
CROSSHATCH TECHNIQUE

Use vertical and horizontal passes.



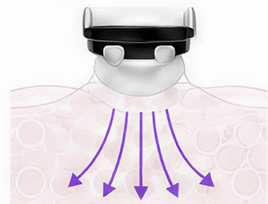
CIRCULAR ROLLING

Move in slow, overlapping circular motions.



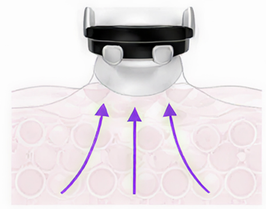
FAN-SHAPED LIFTING

Lift and roll outward in fan-shaped lines.



DRAINAGE FINISH

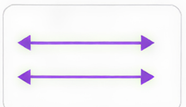
Use gentle, light strokes toward lymph nodes.



TREATMENT DIRECTIONS



Abdomen
Work outward toward the sides.



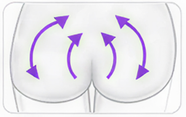


Thighs
Work upward from the knee.





Buttocks
Work upward and outward from the center.





Back
Work upward along the sides of the back.



SUGGESTED TREATMENT TIME

AREA	TIME
Abdomen	10–15 min
Waist or flank	8–12 min per side
Thigh	10–15 min per side
Buttocks	8–15 min per side
Back	8–12 min

IMPORTANT NOTES

- Begin with low vacuum.
- Increase gradually according to tissue thickness.
- Do not perform more than 3–4 strong passes over one area.
- Avoid varicose veins, the knee pit, groin and bony areas.

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SMALL VACUUM RF ROLLER HANDLE



Vacuum + RF Energy + Roller Mechanical + 850nm NiR Light

MAIN FUNCTION

Designed for smaller, curved and difficult-to-treat body areas.
Combines vacuum, RF, roller mechanical stimulation, and 850nm NiR light.

KEY BENEFITS

- Compact and precise treatment head
- Suitable for narrow body contours
- Supports local firming and shaping
- Helps improve small-area tissue texture

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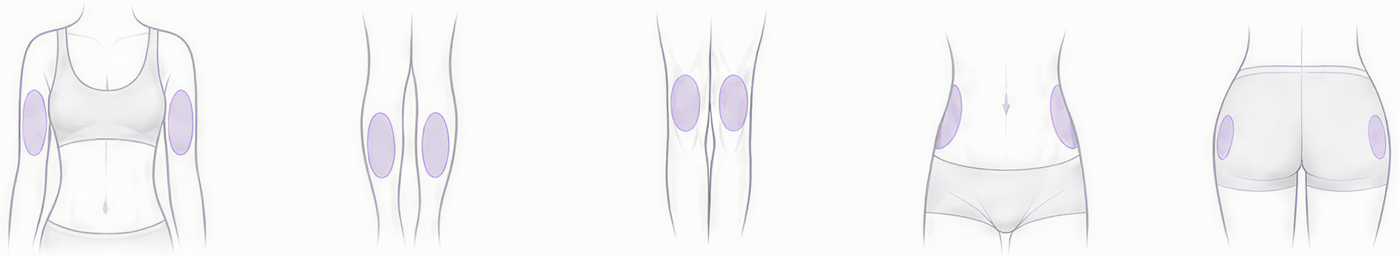
RECOMMENDED AREAS



Upper arms | Calves | Knee-area soft tissue | Small waist areas | Small localized fat zones

RECOMMENDED TECHNIQUES



Short linear gliding | 3–5cm local short strokes | Gentle circular movement | Fan-shaped lifting | Drainage finish

TREATMENT DIRECTIONS

	Upper Arms	From above the elbow toward the underarm.
	Calves	From above the ankle toward the area below the knee.
	Knee Area	Move around the surrounding soft tissue without crossing the kneecap or knee pit.
	Small Flank Area	Move from outer to inner in a gentle lifting motion.
	Localized Fat Zores	Use circular or lifting movements on target areas.

SUGGESTED TREATMENT TIME

AREA	TIME
 Upper arm	6–10 min per side
 Calf	6–10 min per side
 Knee area	4–6 min per side
 Small flank area	5–8 min per side
 Localized fat zones	5–8 min per side

IMPORTANT NOTES

Use lower vacuum on thin skin. Test sensitivity before use.

Avoid the underarm cavity, elbow joint and knee pit. Protect bones, joints and nerves.

Do not repeatedly treat the same point. Allow tissue time to recover.

Stop if strong pinching, pain or bruising occurs. Do not use on inflamed or injured skin.

For professional use only. Follow product manual and safety guidelines. Individual results may vary.

Professional · Safe · Effective · Non-invasive

FACIAL RF HANDLE



INTERCHANGEABLE TREATMENT HEADS



Large head
Cheeks and lateral neck



Medium head
Forehead, jawline and nasolabial area



Small head
Eye contour and precision areas

MAIN FUNCTION

Provides controlled RF energy for precision face and neck firming.

Supports collagen stimulation, improves facial firmness and defines jawline.

KEY BENEFITS

- Supports collagen stimulation
- Helps improve facial firmness and skin elasticity
- Supports jawline definition
- Helps smooth fine lines
- Suitable for delicate facial areas

RECOMMENDED TECHNIQUES

Upward lifting stroke



Outward gliding



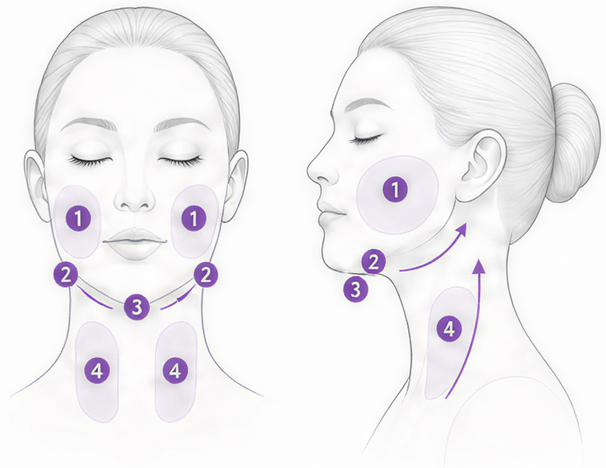
Small circular movement



Gentle spiral movement



TREATMENT AREAS MAP



1 Cheeks · 2 Jawline · 3 Double Chin · 4 Neck

TREATMENT DIRECTIONS



1 CHEEKS
From the center of the face toward the ears and temples.



2 JAWLINE
From the center of the chin toward the ear.



3 DOUBLE CHIN
From under the chin toward the jaw angle.



4 NECK
Treat only the lateral and posterior soft-tissue areas.

SUGGESTED TREATMENT TIME

AREA	TIME
Full face	6–10 min
Cheeks	2–3 min per side
Jawline	2–3 min per side
Double chin	2–4 min
Eye contour	1–2 min per side
Lateral neck	2–3 min per side

IMPORTANT NOTES

Use low energy and continucus movement.
Follow device manual and training protocol.

Do not treat:

- Eyeballs or eyelids
- Thyroid ares
- Adam's apple
- Front center of the neck
- Carotid sinus ares
- Open wounds or active inflammation

Postpone treatment after recent fillers, threed lifting, botulinum toxin, laser or microneedling procedures until fully recovered. Ensure the treated ares is clean, healthy, and free of irritation before treatment.

For professional use only. Follow device menual and training protocol.
Results may vary depending on individual conditions and device usage.

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448KHZ RET HANDLE+ NEGATIVE PLATE

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RET Energy Circuit

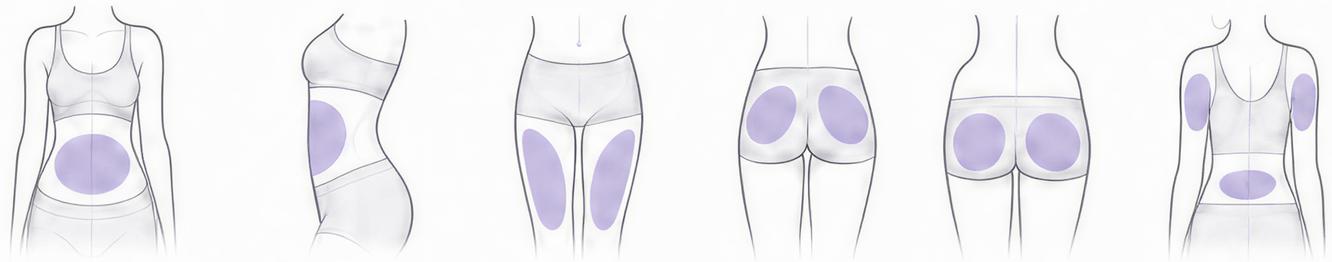
MAIN FUNCTION

Provides controlled resistive energy for deep and uniform tissue warming.

KEY BENEFITS

- Supports deep thermal treatment
- Helps prepare tissue before body contouring
- Supports local circulation
- Helps relar muscles and soft tissue
- Suitable for abdomen, thighs, buttocks and back

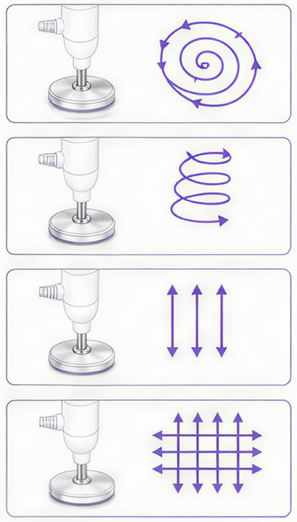
RECOMMENDED AREAS



Abdomen | Waist or flank | Thigh | Buttock | Lower back | Shoulder area

RECOMMENDED TECHNIQUES

- Large circular movement
- Spiral movement
- Long linear gliding
- Cross-directional heating



STANDARD OPERATION

1. Check the handle, cable and negative plate.
2. Place the negative plate firmly on the skin.
3. Apply the approved conductive medium.
4. Begin with low power.
5. Perform broad-area preheating.
6. Increase power gradually.
7. Maintain comfortable and even warmth.
8. Reduce power before finishing.

SUGGESTED TREATMENT TIME

Area	Time
Abdomen	8–15 min
Waist or flank	8–12 min per side
Thigh	8–12 min per side
Buttock	8–12 min per side
Lower back	8–15 min
Shoulder area	5–8 min per side

STOP IMMEDIATELY IF

- Impedance is abnormal.
- Plate contact becomes unstable.
- The client feels stinging or burning.
- The skin becomes unusually red or pale.
- The device produces an abnormal warning

IMPORTANT NOTES

- Always use with the negative plate.
- Keep the plate fully in contact with the skin.
- Use approved conductive medium.
- Monitor the client's comfort throughout.
- Follow the device instructions.

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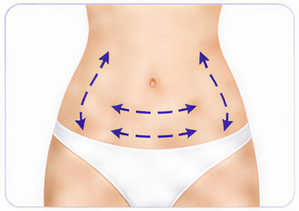
TREATMENT PROGRAMS & SAFETY GUIDE

TREATMENT PROGRAMS

1



Abdomen and Waist

Recommended Sequence:
448kHz RET → Cavitation RF → Large Vacuum RF Roller

Suggested Total Time: 30 – 45 minutes

2



Thighs and Buttocks

Recommended Sequence:
448kHz RET → Cavitation RF → Large Vacuum RF Roller

Suggested Total Time: 35 – 55 minutes

3



Upper Arms

Recommended Handpiece: Small Vacuum RF Roller

Optional: Cavitation RF only when sufficient soft tissue is present.

Suggested Total Time: 12 – 20 minutes for both arms

4



Face and Neck

Recommended Handpiece: Facial RF Handle

Suggested Total Time: 8 – 15 minutes

GENERAL SAFETY RULES

- Complete client consultation before treatment.
- Begin with low energy and low vacuum.
- Keep every handpiece moving continuously.
- Avoid bones, joints, visible veins and sensitive areas.
- Do not repeatedly treat one point.
- Monitor skin condition and client comfort.
- Stop immediately if pain, buming, numbness or abnormal redness occurs.
- Use the negative plate during every RET treatment.
- Record the handpiece, settings, area and treatment time after each session.

IMPORTANT NOTICE

Suggested treatment times are training references only, Actual treatment time must be adjusted according to:

- Treatment area size
- Tissue thickness
- Handpiece combination
- Energy and vacuum level
- Client tolerance
- Skin response

Longer treatment time does not necessarily produce better results.